

## PKU EASY Liquid

Mixed Berry

### A Food for Special Medical Purposes



#### DESCRIPTION:

**Use under medical supervision.**

PKU Easy Liquid is a flavoured ready to drink phenylalanine free protein substitute containing essential and non-essential amino acids, carbohydrate, vitamins, minerals and trace elements and the omega-3 fatty acid DHA.

#### INDICATIONS:

PKU Easy Liquid is suitable to be used in the dietary management of proven Phenylketonuria (PKU) patients aged 3 years and above under strict medical supervision.

PKU Easy Liquid is available in 2 different flavours: orange/citrus or mixed berry.

#### DOSAGE:

Dosage to be determined by the clinician or dietician and is dependent on the age, body weight and medical condition of the patient.

Each 130 ml pouch of Easy Liquid provides 15 g of protein equivalent.

#### ADMINISTRATION:

PKU Easy Liquid is a ready to drink product and should be taken cold. Shake well before drinking. Once opened drink immediately or recap, refrigerate and use within 24 hours.

#### STORAGE:

Store in a cool, dry place

#### CARTON SIZE:

30 x 130 ml

#### SHELF LIFE:

12 months

#### Important Notice:

- Must only be given to patients with proven PKU under strict medical supervision.
- Suitable from 3 years of age.
- Not for use as a sole source of nutrition.
- Diet must be supplemented with natural protein, water and other nutrients in prescribed quantities to supply phenylalanine, fluid and general nutritional requirements.
- For enteral use only.

Marketed and distributed by:

POA Pharma - a Galen Company

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ND: easyliq/ber-ver01 Date of preparation: February 2021

## NUTRITIONAL INFORMATION

	Per 100 ml	Per 130 ml (1 pouch)
Energy	275 kJ	357 kJ
	64 kcal	83 kcal
Protein equivalent	11.7 g	15 g
Fat	0.0 g	0.0 g
of which saturates	0 g	0 g
Carbohydrate	2.5 g	3.3 g
DHA	77 mg	100 mg
EPA	15.4 mg	20 mg

## VITAMINS

	Per 100 ml	Per 130ml (1 pouch)
Vitamin A	140 µg	182 µg
Vitamin B1	0.4 mg	0.5 mg
Vitamin B2	0.45 mg	0.6 mg
Vitamin B6	0.45 mg	0.6 mg
Vitamin B12	0.8 µg	1.0 µg
Folic Acid	60 µg	78 µg
Niacin	5.0 mg	6.5 mg
Vitamin B5	1.4 mg	1.8 mg
Biotin	30 µg	39 µg
Vitamin C	90 mg	117 mg
Vitamin D3	2.7 µg	3.5 µg
Vitamin E	2.9 mg	3.8 mg
Vitamin K1	19 µg	24.7 µg
<b>Minerals</b>		
Calcium	215 mg	280 mg
	5.4 mmol	7.0 mmol
Phosphorus	168 mg	218 mg
	5.5 mmol	7.1 mmol
Magnesium	60 mg	78 mg
	2.5 mmol	3.2 mmol
Iron	4.0 mg	5.2 mg
Zinc	3.3 mg	4.3 mg
Copper	0.37 mg	0.48 mg
Iodine	47 µg	61 µg

## MINERALS

	Per 100 ml	Per 130 ml (1 pouch)
Manganese	0.6 mg	0.8 mg
Chromium	14 µg	18.2 µg
Selenium	16.5 µg	21.5 µg
Molybdenum	35 µg	45.5 µg
	100 mg	130 mg
Sodium	4.4 mmol	5.7 mmol
	198 mg	258 mg
Potassium	5.1 mmol	6.6 mmol
	162 mg	210 mg
Chloride	4.7 mmol	6.1 mmol

## AMINO ACIDS

	Per 100 ml	Per 130 ml (1 pouch)
L-Alanine	0.65 g	0.84 g
L-Arginine	0.91 g	1.18 g
L-Aspartic acid	1.32 g	1.72 g
L-Cystine	0.43 g	0.56 g
Glycine	1.43 g	1.86 g
L-Histidine	0.5 g	0.65 g
L-Isoleucine	0.86 g	1.12 g
L-Leucine	1.49 g	1.94 g
L-Lysine	0.91 g	1.19 g
L-Methionine	0.23 g	0.30 g
L-Proline	1.0 g	1.3 g
L-Phenylalanine	0.00 g	0.00 g
L-Serine	0.57 g	0.75 g
L-Threonine	1.0 g	1.3 g
L-Tryptophan	0.27 g	0.35 g
L-Tyrosine	1.43 g	1.86 g
L-Valine	1.0 g	1.32 g
L-Carnitine	14.6 mg	19.02 mg
Taurine	20 mg	26 mg

Osmolality: 130 ml = 1458 mOsl/kg

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