# Galen Medical Nutrition

## **PKU EASY Microtabs**

### A Food for Special Medical Purposes

#### **DESCRIPTION:**

Use under medical supervision.

PKU Easy Microtabs are a phenylalanine free protein substitute tablet, containing essential and non essential amino acids.

#### **INDICATIONS:**

PKU Easy Microtabs are suitable to be used in the dietary management of proven Phenylketonuria (PKU) in patients aged 3 years and above under strict medical supervision.

#### DOSAGE:

Dosage to be determined by the clinician or dietician and is dependent on the age, body weight and medical condition of the patient.

The measuring cup included inside the box should be used to measure the microtabs. Please fill the cup with microtabs up to the 20 ml mark. This will equate to 14 g of microtabs. 14 grams microtabs = approx 10 grams of protein.

#### **ADMINISTRATION:**

PKU Easy Microtabs are small yellow coated slow-release tablets which are to be swallowed whole with liquid. They can also be taken with cold foods such as custard, jam or fruit puree. Due to the coating used, PKU Easy Microtabs should not be chewed and have minimal taste.

#### PKU EASY MICROTABS PER 100 g:

- 396 kcal
- 3.6 g fat from various excipients
- 13 g carbohydrates from various excipients
- 70.8 g protein equivalent

### STORAGE:

Store in a cool, dry place

PACK SIZE:

4 x 110 grams

#### SHELF LIFE:

18 months. Once opened, the product should be consumed within one month.

#### Important Notice:

- Must only be given to patients with proven PKU under strict medical supervision.
- Suitable from 3 years of age.
- Not for use as a sole source of nutrition.
- Diet must be supplemented with natural protein, water and other nutrients in prescribed quantities to supply phenylalanine, fluid and general nutritional requirements.
- For enteral use only.

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#### NUTRITIONAL INFORMATION PER 100 GRAMS:

Energy	1678	kJ
	396	kcal
Fat	3.6	g
of which saturated fat	3.59	g
Carbohydrate	13	g
of which sugars	0	g
Fibre	3.7	g
Protein equivalent	70.8	g
Amino acids	85.04	g
Salt	1.0	g

#### AMINO ACIDS PER 100 GRAMS:

L-Alanine	3.07	g
L-Arginine	4.90	g
L-Aspartate	7.76	g
L-Carnitine	0.08	g
L-Cystine	2.01	g
Glycine	7.68	g
L-Glutamine	6.02	g
L-Histidine	3.07	g
L-Isoleucine	5.31	g
L-Leucine	8.27	g
L-Lysine	5.50	g
L-Methionine	1.42	g
L-Phenylalanine	0.00	g
L-Proline	5.54	g
L-Serine	3.42	g
L-Threonine	5.31	g
L-Tyrosine	7.78	g
L-Valine	6.13	g
Taurine	0.12	g
L-Tryptophan	1.65	g
Total	85.04	g

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